

Terms of Service – Nourish Diabetes Wellness

Effective Date: June 3, 2026

Welcome to Nourish Diabetes Wellness (“we,” “us,” or “our”). These Terms of Service (“Terms”) govern your use of our website, services, and telehealth offerings. By using our site or booking services, you agree to these Terms.

If you do not agree, please do not use our services.

1. Services We Provide

We provide:

- Medical nutrition therapy
- Diabetes education
- Related wellness and nutrition counseling

Services may be offered in person or online (telehealth).

Our services are educational and therapeutic in nature, but they do not replace emergency medical care. In an emergency, call 911 or your local emergency number.

2. Eligibility

To use our services, you must:

- Be at least 18 years old, or
- Have a parent or legal guardian’s consent if under 18

You agree that the information you provide is accurate and complete.

3. Telehealth Services and doxy.me

We may provide telehealth visits using doxy.me, a third-party telemedicine platform.

- doxy.me is designed to be HIPAA compliant and is used under a Business Associate Agreement (BAA).
- You are responsible for having a working device, internet connection, and a private space for your visit.
- You understand that telehealth has limitations compared to in-person care and consent to receive services in this format.

4. No Medical Emergency or Crisis Care

Our services are not intended for:

- Medical emergencies
- Crisis situations
- Immediate life-threatening conditions

If you are in crisis or think you may harm yourself or others, call 911, go to the nearest emergency room, or contact a crisis hotline.

5. Appointments, Cancellations, and No-Shows

By booking an appointment, you agree to:

- Arrive on time (or log in on time for telehealth)
- Follow any preparation instructions provided

We may set and enforce policies for:

- Cancellations
- Rescheduling
- Late arrivals
- No-shows

These policies may include fees. Any such policies will be shared with you during booking or by separate notice.

6. Payments and Insurance

You agree to pay all fees for services you receive.

- We may accept certain insurance plans or offer self-pay options.
- You are responsible for any co-pays, deductibles, or amounts not covered by insurance.
- Payment terms and accepted methods will be provided at or before the time of service.

We may change our fees or payment policies at any time, with notice where required.

7. Privacy and Confidentiality

We respect your privacy and protect your information as described in our Privacy Policy, which is incorporated into these Terms.

By using our services, you agree to our Privacy Policy, including our use of doxy.me for telehealth under a HIPAA-compliant framework and BAA.

8. Your Responsibilities

You agree to:

- Provide accurate and complete health and personal information
- Inform us of changes to your health, medications, or contact details
- Follow treatment recommendations to the best of your ability
- Use our website and telehealth platform in a lawful and respectful way

You agree not to misuse our site or services, including by attempting to access systems without authorization or interfering with others' use.

9. Intellectual Property

All content on our website and in our materials—including text, graphics, logos, and other content—is owned by us or our licensors and is protected by law.

You may:

- View and download content for your personal, non-commercial use only

You may not:

- Copy, distribute, modify, or sell our content without our written permission.

10. Disclaimers

To the fullest extent allowed by law:

- Our services and website are provided “as is” and “as available.”
- We do not guarantee that the website or telehealth platform will be error-free, uninterrupted, or always available.
- We do not guarantee specific health outcomes or results from our services.

11. Limitation of Liability

To the extent allowed by law:

- We are not liable for any indirect, incidental, special, or consequential damages arising from your use of our website or services.
- Our total liability for any claim related to your use of our services will not exceed the amount you paid for the service giving rise to the claim.

Some jurisdictions do not allow certain limitations, so parts of this section may not apply to you.

12. Third-Party Services and Links

Our website or services may link to or use third-party tools (such as doxy.me or payment processors).

- We do not control these third parties and are not responsible for their content, policies, or practices.
- Your use of third-party services is subject to their own terms and privacy policies.

13. Changes to These Terms

We may update these Terms from time to time. When we do, we will change the “Effective Date” at the top.

If you continue to use our website or services after changes are posted, you accept the updated Terms.

14. Termination

We may suspend or end your access to our website or services if:

- You violate these Terms

- You misuse our services
- We determine, in our professional judgment, that continuing services is not appropriate

You may stop using our services at any time, subject to any payment or cancellation obligations already incurred.

15. Governing Law

These Terms are governed by the laws of the State of New Jersey, without regard to its conflict-of-law rules.

16. Contact Us

If you have questions about these Terms, please contact us at:

- Email: nourishdiabeteswellness@gmail.com